

CYBERJAYA UNIVERSITY COLLEGE OF MEDICAL SCIENCES,  
CYBERJAYA, MALAYSIA.

## SUPPORTING THE DOCTORS OF TOMORROW

The Cyberjaya University College of Medical Sciences (CUCMS) is located in Cyberjaya, in the Klang Valley, close to the new administrative capital of Malaysia, Putrajaya.

With innovation at its core, the Medical College is always looking for new technologies and resources to support and develop its students. In 2009, the Medical College took out a subscription for *Best Practice*, to provide medical students with access to online decision-support information.

Following its implementation, lecturers have been encouraging students to refer to *Best Practice* regularly to support their clinical training. Dr Ahmed Awil Adam, General Surgeon and the Year 3 Coordinator at the Faculty of Medicine explains: "I have personally made sure every student on surgical rotation uses *Best Practice* to support their development and have encouraged them to get the most out of it."

### A one-stop shop

Aneesah Zahari, a third year medical student at the Medical College, explains how she is benefiting from *Best Practice*: "I refer to *Best Practice* daily, because it helps me to find in-depth information on my patients' conditions. It is very convenient to use and I have found the speed and ease with which I can find information very beneficial.

As a medical student the range of content within *Best Practice* is really useful. Rather than having to search page-by-page through my text books, now I can search for the resources I need in *Best Practice*. The results are presented to me online in a very systematic arrangement which also helps when trying to work out which resources are going to be the most useful."

### Building confidence is key

The students are using *Best Practice* in a number of ways; as a reference resource, to support revision and as a decision-support tool. In particular the students are finding the resource invaluable when it comes to diagnosis, and in particular the differential diagnosis of a condition.

Aneesah goes on to add: "Compared to other decision-support tools I use, I find the authority of the information in *Best Practice* to be far superior. As a result, when I use *Best Practice*, I feel much more confident in my decision making – in particular when it comes to diagnosing a disease and assessing which investigations to undertake."

Noor Elyana Ahmad Fawzi, also a third year medical student, shares her experience: "When it comes to assessing patients with certain symptoms, I find that *Best Practice* provides me with reassurance. If I am unsure of the diagnosis then I can refer to *Best Practice* to understand more about the symptoms presented to me. It allows me to explore the differential diagnosis and advises on the physical examination and test options."

### More time to focus on patient outcomes

Like many of the students Noor Elyana has found *Best Practice* intuitive and easy to use; she continues: "I have found it very easy to find the answers I am looking for in *Best Practice*.

I simply type in the symptoms and I am presented with the answer. As a third year student it allows me to make confident decisions with regards to which tests to order or which investigations to do first. It has made me think about which questions to ask and which tests I should undertake. I think this will help to reduce wasted time during the patient consultation as it reduces my clerking time. I know what questions to ask and can rule out different diagnoses by understanding the history and undertaking the physical examination."

### Appealing to the way students learn

As the Year 3 Coordinator at the Faculty of Medicine, Dr Ahmed Awil Adam understands the methods of learning that appeal most to his students: "One thing has always been clear to me, and that is the amount of time my students spend online; for reading, preparing their lectures or for mere fun. The simplicity of *Best Practice*, combined with the constantly updated, evidence-based information makes it a dynamic and interactive resource, which is a great attraction to my students. We, lecturers and students, have all benefited from *Best Practice* significantly."

### Find out more

For more information about setting up a trial, helping your users get the most out of *Best Practice*, or licensing *Best Practice* in your institution, please contact our sales team: email [consortiasales@bmjgroup.com](mailto:consortiasales@bmjgroup.com) or telephone +44 (0)20 7383 6693.

