

Your instant
second opinion



BestPractice
.....

FROM THE BMJ EVIDENCE CENTRE

VITAL NEW medical information is published every day. Healthcare professionals need it to help them make the best possible clinical decisions in partnership with their patients. However, all too often busy clinicians struggle to keep up to date and apply new research findings to their practice.

This is why the BMJ Evidence Centre has developed *Best Practice*.

A completely new concept

Best Practice is a completely new concept for information delivered at the point of care. In one single source, we have combined the latest research evidence, guidelines and expert opinion – presented in a step-by-step approach, covering diagnosis, prognosis, treatment and prevention. It provides a second opinion in an instant.

Designed to be practical to use

While a wide variety of sources are available that seek to filter and evaluate information, *Best Practice* is designed to be practical to use at the point of care.

Structured around the consultation

Clinicians can access information structured around their consultation; a source that is quick and intuitive to use; one that anticipates their questions and provides answers in seconds – essential in the short time they have to make diagnosis or treatment decisions, and to explain them to their patients.

Best
Best minds.
evidence. Best
decisions.



Designed for the way you work

Best Practice has been designed with the clinical point-of-care environment in mind. Our international team of clinicians, pharmacists, subject specialists and dedicated editorial staff systematically review the latest research and opinion. We then structure the information around the patient consultation. No other single resource offers the same degree of integration to support you in meeting the real-world challenges of medical practice.



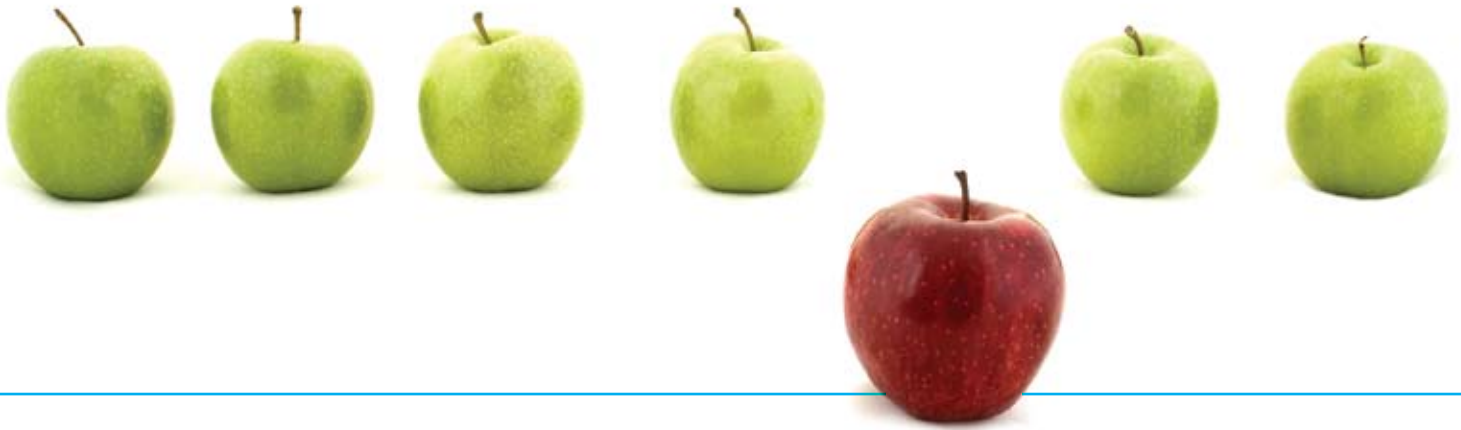
Best Practice saves you time

Each condition in *Best Practice* has a consistent structure including a summary and definition, key diagnostic steps and tests, treatment approaches with drugs, guidelines and evidence, finishing with recommendations and outlook for patient follow-up. Easy navigation means you don't have to scroll through pages of text – you can access exactly the information you require quickly and easily.



Unrivalled depth and breadth

Best Practice contains information relating to over 10,000 diagnoses, more than 3,000 diagnostic tests and over 4,000 diagnostic and treatment guidelines. It incorporates a full drug formulary for quick checking of prescription guidance, and patient leaflets to support treatment options. *Best Practice* covers the information you need to make the right decisions.



Content you can trust

As part of the BMJ Evidence Centre, *Best Practice* comes from one of the most trusted names in evidence-based medical information. At its core, *Best Practice* contains the internationally renowned *Clinical Evidence* – incorporating the evidence from relevant systematic reviews into *Best Practice* articles. In addition our robust editorial process includes detailed peer review of each article, pharmacist drug dosage verification, and technical quality assurance steps. *Best Practice* provides a second opinion you can trust.

bestpractice.bmj.com



Customised for you

Institutional customers of *Best Practice* have the ability to upload local guidelines and links and make them available to users from within their institution. Individuals can create a free 'My Best Practice' account to save searches or bookmark favourite articles. And with navigation elements available in seventeen languages *Best Practice* fits to your working requirements.

Time saving and valuable features

Browse by broad subject or alphabetically

Full text search available from any page

Intuitive and consistent navigation menu across all content encourages healthcare professionals to quickly scan and delve deeper into areas of interest

Customise to one of seventeen navigation languages

My Best Practice features include saved searches and bookmarked articles

Email an article to a friend

The screenshot shows the Best Practice website interface for 'Asthma in adults'. The top navigation bar includes 'About Best Practice', 'Patient Leaflets', 'My Best Practice', and 'English'. A search bar is present with the text 'Browse conditions' and 'Search Best Practice'. The main content area is divided into several columns: Highlights (Overview), Basics (Definition, Epidemiology, Aetiology, Pathophysiology, Classification), Prevention (Primary, Screening, Secondary), Diagnosis (History & examination, Tests, Differential, Step-by-step, Criteria, Guidelines, Case history), Treatment (Details, Step-by-step, Emerging, Guidelines, Evidence), Follow Up (Recommendations, Complications, Prognosis), and Resources (References, Images, Online resources, Patient leaflets, Credits). Below this, there are three main sections: 'History & exam' with 'Key factors' (presence of risk factors, recent upper respiratory tract infection, dyspnoea, cough, expiratory wheezes, nasal polyposis), 'Diagnostic tests' with '1st tests to order' (FEV1/FVC ratio, FEV1, PEFR, CXR, FBC) and 'Tests to consider' (exhaled nitric oxide (eNO), sputum eosinophils, serum IgE, skin prick allergy testing), and 'Treatment details' with 'Ongoing' (patient education and environmental control, known single allergen, allergen vaccine immunotherapy) and 'Acute' (step 1: mild intermittent and exercise induced asthma, short-acting beta agonist as needed; step 2: mild persistent, low-dose inhaled corticosteroid, leukotriene receptor antagonists or sodium cromoglycate or nedocromil or theophylline, short-acting beta agonist as needed).

The screenshot shows a clinical evidence summary titled 'What are the effects of treatments for chronic asthma?'. It is divided into two sections: 'Beneficial' and 'Likely to be beneficial'. The 'Beneficial' section lists: 'Adding long-acting inhaled beta₂ agonists to people with mild to moderate, persistent asthma that is poorly controlled by inhaled corticosteroids' and 'Low-dose inhaled corticosteroids in people with persistent asthma'. The 'Likely to be beneficial' section lists: 'Adding leukotriene antagonists to people with mild to moderate, persistent asthma not being helped by inhaled corticosteroids' and 'Adding theophylline in people with mild to moderate, persistent asthma poorly controlled by inhaled corticosteroids'. The page also has navigation tabs for 'Systematic reviews', 'Questions', 'Intervention Table', and 'Clinical evidence'.

The screenshot shows the 'Browse conditions' page on the Best Practice website. It features a search bar and a list of conditions under the heading 'All conditions'. The list includes: Allergies with asthma, Asthma with asthma, Asthma: pathophysiology, assessment of, Asthma: symptoms, Asthma, terminology, Asthma: treatment, Asthma: diagnosis, Asthma: history, Asthma: review: pathophysiology, Asthma: review: diagnosis, Asthma: review: treatment, Asthma: review: prognosis, Asthma: review: epidemiology, Asthma: review: aetiology, Asthma: review: classification, Asthma: review: pathophysiology, Asthma: review: diagnosis, Asthma: review: treatment, Asthma: review: prognosis, Asthma: review: epidemiology, Asthma: review: aetiology, Asthma: review: classification.

The screenshot shows a language selection menu with the following options: English, español, français, italiano, 中文 (中国), Türkçe, 日本語, ไทย, norsk, svenska, Deutsch, العربية, 中文 (台湾), 한국어, português, and Azərbaycanca.

High quality content and linked resources

The screenshot shows the Best Practice website interface for 'Diabetic retinopathy'. At the top, there are navigation links for 'About Best Practice', 'Patient Leaflets', and 'My Best Practice'. A search bar is present with the text 'Browse conditions' and 'Search Best Practice'. The main content area is divided into several sections: 'Highlights' (Summary, Overview), 'Basics' (Definition, Epidemiology, Aetiology, Pathophysiology, Classification), 'Prevention' (Primary, Screening, Secondary), 'Diagnosis' (History & examination, Tests, Differential, Step-by-step, Criteria, Guidelines, Case history), 'Treatment' (Details, Step-by-step, Emerging, Guidelines, Evidence), 'Follow Up' (Recommendations, Complications, Prognosis), and 'Resources' (References, Images, Online resources, Patient leaflets, Credits). Below this, there are three main columns: 'History & exam' with 'Key factors' (diabetes, hypertension, renal impairment) and 'Other diagnostic factors' (microaneurysms, cotton wool spots, intraretinal haemorrhage, lipid exudates, floaters, macular thickening, vision loss, venous beading, intraretinal microvascular abnormalities, optic disc neovascularisation, retinal neovascularisation); 'Diagnostic tests' with '1st tests to order' (photographs of the fundus, optical coherence tomography scanning, fluorescenc angiography, B scan ultrasonography) and 'Diagnostic tests details'; and 'Treatment details' with 'Acute' (non-severe non-proliferative diabetic retinopathy (NPDR), with no macular oedema or non-clinically significant macular oedema, with clinically significant macular oedema) and 'severe NPDR' (with no macular oedema or non-clinically significant macular oedema).

Detailed diagnostic information on how to make the diagnosis including tests, differential diagnoses and guidelines

Comprehensive treatment information including drug formulary and treatment guidelines

Integrated evidence from *Clinical Evidence*

Resources include references and images – incorporated into the text as well as separately available

Patient handout leaflets



Patient leaflets

- Download type 2 adult 1 page handout?
- Download type 2 adult 2 page handout?
- Download what can I do to better control?

Treatment guidelines

Asia [show all](#)

Europe [show all](#)

North America [show all](#)

Oceania [show all](#)

For learning

medical students can learn how to interpret and apply evidence within a consultation context

For reference

researchers can check key clinical facts and identify evidence gaps to inform ongoing research

For support

practitioners can consult a second opinion on diagnosis, intervention and patient management decisions



How to purchase

INSTITUTIONAL SITE LICENCE

Institutional site licences are available and provide:

- Unlimited access to *Best Practice* for your user community for 12 months
- IP and/or remote user authentication (including ATHENS authentication)
- Personalisation features for your users
- Institutional usage statistics

For an institutional subscription quotation, or to arrange free trial access to *Best Practice* for your institution, please contact our sales team:

Email: consortiasales@bmjgroup.com

Tel: +44 (0)20 7383 6693

PERSONAL SUBSCRIPTION

Individuals can purchase a 12 month subscription online. Visit bestpractice.bmj.com today to subscribe, or contact customer services on +44 (0) 20 7383 6270. Discounts are available for students and nurses.

Try *Best Practice* today

Try *Best Practice* for free and see how it can be your trusted second opinion.

- Individuals can sign up for a 30 day trial online – visit bestpractice.bmj.com to register.
- Institutional trials are also available – please contact our sales team for further information.